

Michael Petru

Whether you want to look your best in your swimsuit this summer, or just want to get into shape, Houston personal trainer, Michael Petru, is here to help! With 13 years of personal training experience, Petru has appeared on numerous fitness consulting segments on programs on ABC and CBS. Petru has developed a system that he ensures will bring guaranteed results, no matter what your goals may be. His formula for success is uncomplicated and effective: convenience leads to consistency and consistency produces results. Bringing his personal training expertise right to your home, Petru says he is able to indulge his clients in a great workout that is completely free of wasted time: no gym bag packing, no commute and parking headaches, no locker room and unwanted small talk hassles. There is simply no excuse for you not to work out! Helping some of Houston's finest to stay in shape, Petru works with each client to create an individualized fitness and diet program, slowly building an in-home gym designed to meet each client's needs. With plans to expand his highly successful business into other cities such as Austin and Dallas, Petru hopes to eventually introduce his fitness expertise to cities nationwide. Michael Petru may be contacted through his website: www.michaelpetru.com

